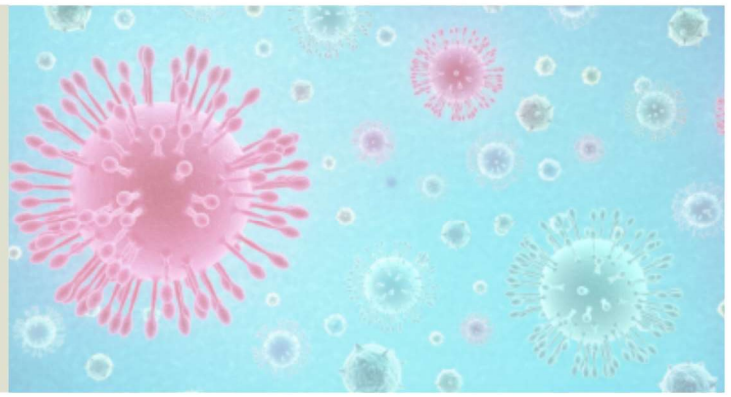




(COVID-19). CORONA VIRUS



Protecting essential healthcare service providers during COVID-19

In order to relieve the pressure on medical service providers and to ensure the delivery of essential services to those in need, we strongly advise our members not to undergo any non-essential medical treatment. It may also reduce spreading and your chances of being exposed to the virus.

Examples of essential services

1. Routine vaccination.
2. Reproductive health services including care during pregnancy and childbirth.
3. Paediatric care.
4. Management of mental health conditions as well as noncommunicable diseases and infectious diseases like HIV, malaria and TB.
5. Critical inpatient therapies.
6. Management of emergency health conditions.
7. Treatment of chronic conditions.

Examples of non-essential service

1. Elective and non-emergency treatment.
2. Routine dental services.
3. Routine optometry services.

Confirm with your healthcare provider before you schedule routine care as services may be limited. You should not expose yourself or others for healthcare services which may not be essential. Because there is a global shortage of medical supplies, healthcare facilities manage access in order to minimize risk.

Practice safe social distancing and good hygiene. If you feel unwell stay at home. Limit the number of persons per household to go out to buy groceries or essential supplies.

